Dear Parents/Guardians and Students,

In welcoming you all back to an exciting and busy term II, firstly I would like to share what has happened over the holidays.

The building stage 5 is moving along well and is almost at the end of completion. We have brought in a new portable that will have a multi-functional purpose.

In addition to that we are splitting the grade 2’s and Preps and have 2 new grades that will be starting term two with new staff that have joined our family. I would like to welcome Mrs. Tina Sansanwal and Mrs. Tasneem Soudagar to Isik College. In addition, we have Mr Metin Yalcin who has joined our team, who will be teaching Religion & Values in both primary and secondary departments. We pride ourselves in being a family and I am sure you will make these new colleagues of ours feel most welcome.

This term we have made some changes in administration and would like to introduce the special people who have been appointed new duties as Discipline Coordinators. We have Mrs. Rana Massri, who will be looking after the discipline of the girls from years 7-10 and Mr. Mesut Buber, who will be looking after the discipline of the boys from years 7-10. The discipline of VCE girls will be looked after by our Pastoral Care Coordinator, Mrs. Saniye Coskundag and the discipline of the VCE boys will be looked after by VCE Coordinator, Mr. Orhan Kurucu. As you all know the general running of the Secondary School is looked after by Deputy Principal, Mr. Ismail Kullu. I congratulate these fine people and wish them all the best with their new duties.

In the meantime, Mrs. Serpil Yalcin had an operation this week and Mrs. Ilknur Serbest will be looking after the library temporarily. We wish Mrs. Yalcin a quick recovery.

I also congratulate the debating teams for their outstanding performance and the Year 10 team for winning their opponent.

We will be introducing new projects in the course of this 12 week term and will keep you informed and up to date with the culmination of these projects.

I expect that all students have had a refreshing holiday and anticipate that after having received their reports they will be revising and making amendments to their studies. At the end of this term students will also sit their mid-year exams. Organization and self discipline are key factors in ensuring that students reach their maximum potential.

We foresee that this term will be very rewarding for all our students and expect that you will lend your support to promote a positive environment both at school and at home.

There will be parent/teacher interviews next week. Please note that these will be on appointment basis. Please also remind your children to make these appointments with their teachers as soon as possible. The dates and times are specified below.

On a final note, we were visited by 3ZZZ radio and other Turkish media that had a program with our staff and students. It was an exciting and positive way to start the term for all our students especially year 12 who as you know will be graduating at the end of this year.

Welcoming you all back again and wishing you all a restful and safe weekend.

Regards.

Erdal Kocak
Principal

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**UPCOMING EVENTS**

- **15th April** - Yr 7-10 Parent/Teacher Interviews 4-6pm
- **16th April** - VCE Parent/Teacher Interviews 4-6pm
- **School Photo Day** - 21st April
- **25th April** — Anzac Day

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**“QUOTATION”**

If I could be useful to another human being, even for a day, that would be a great thing. It would be greater than all the big thoughts I could have at the university.

Muhammad Yunus
On Monday the 21st April there are going to be school photo’s. Notices have been handed out to the eldest child in the school and hopefully made it home.

On the 21st of April, can all students please come in full school uniform. If they have sport, they are to bring their uniform and change in to it before the lesson. They are not to come to school in their sports uniform on this day.

It has been noticed that some students are bringing unhealthy food to school for snack time. These foods include chips, chocolates and soft drink. As a school community we are trying to encourage students to eat healthy foods and get lots of exercise. We are encouraging students to bring Brain Food, that is foods such as; Fruits, Cheese, healthy muesli bars (be careful as many contain high levels of sugar).
Did you know each year Heart Foundation Jump Rope attracts over 400,000 school kids, in over 2,300 schools around the country. They have given Australian schools enough rope to stretch from Sydney to Perth!

Heart Foundation Jump Rope for Heart is all about learning how to keep fit and healthy. It improves the kids’ strength and confidence in physical activities and builds healthy bones and muscles. The kids can have lots of fun with their class mates and play lots of skipping games too. At the same time they will be helping save Australian lives by asking their family and friends to sponsor them for being a part of this fun program. Funds raised go towards research to help the fight against heart disease and stroke.

We hope everyone has had a safe and sound holiday and is ready to start a 12 week long Term 2. It is going to be full of activities of which we are going to give the details as we go. Just a quick reminder for a slight change:

ISIK CAFÉ’ is on Tuesdays (instead of Wednesdays) until recess.

Hope to see you there…

TWICE A WEEK CONTROLS HEAD LICE!

CONDITIONER AND A NIT COMB - THE SOLUTION TO REINFECTION

If all children or adults at risk put conditioner on their hair once a week and combed it out with a fine tooth comb, head lice would become a minor problem. Older kids can do this, but will need the encouragement of parents. Younger children will need parents to do this for them.

Conditioner and a fine tooth comb is a cost-effective way to stop head lice re-establishing themselves. Used once a week it can get rid of that reinvading louse. Apply conditioner to dry hair or even wet hair and comb off all the conditioner with a fine tooth comb. Look for lice and eggs by wiping the combings on paper tissue. If you find less than 5 lice, repeat the conditioner and fine tooth combing daily until all lice are gone. If you find more that 5 lice, use an insecticidal treatment. Remember to retreat in 7 days, and to use conditioner and fine tooth comb at least twice between treatments.

CONDITIONER AND FINE TOOTH COMB TECHNIQUE

1. Apply conditioner to dry hair aiming to cover each hair from root to tip with a layer of conditioner.
2. Detangle the hair using an ordinary comb.
3. Immediately comb the hair with a fine tooth comb. The best comb for this are combs with cylindrical metal teeth, not flat teeth. However, plastic nit combs with conditioner are also very effective at detecting and removing climbers with conditioner, but far less effective for eggs.
4. Wipe the conditioner off the fine tooth comb onto a paper tissue and look for lice and eggs.
5. Repeat the combing for every part of the head at least 5 times.
6. Also examine the comb for lice and eggs.
HEAD LICE DETECTION KIT
A head lice detection kit therefore consists of 4 things:

- Conditioner - white conditioner is best since the lice and eggs are easier to see
- A Fine tooth comb—to comb out the lice stunned by the conditioner
- A Normal comb—to detangle hair and make the fine tooth comb easier to use
- Paper tissue - white tissues are best since the lice and eggs are easier to see.

Why use conditioner in a detection kit?
Conditioner stuns head lice! The stunning effect seems to last about 20 minutes. After this time most lice are active again. Use conditioner on hair to increase the rate of detection. Applying conditioner to dry hair is best, but it will work on wet hair also. Older kids can even use the conditioner and nit comb technique in the shower as part of their normal hair care. If they do this at least once a week, newly invaded lice will be detected and removed before they have time to lay many eggs. Reinfection will be controlled.

Assoc Prof Rick Speare, Department of Public Health and Tropical Medicine, James Cook University

Premier's Active Families Challenge
Take the 30 Minute Challenge

The Premier’s Active Families Challenge, is a new ‘Go for your life’ initiative that aims to improve the levels of physical activity as well as the overall health and wellbeing of families. Families can complete the Challenge by doing at least 30 minutes of physical activity a day for 30 days between 9 March and 20 April 2008. You can do the activity on your own or as a family.

By making some simple changes in our day, such as walking to school or work, or taking the kids for a ride around the local park, we can make some big changes in our general health and wellbeing.

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ISIK College Dandenong - Pastoral Care