Deputy Principal’s Message

Dear Parents & Friends,

What a week we had last week! Ms Emel T’s excitement all started with a Go For Your Life workshop she attended earlier. After that she was buzzing and her passion marked a date on the Education Week calendar last week. Hence, we celebrated Fruit, Veg & Ed Week all in one last week. It all started with the Scholastic Blizzard Bookfair in the library. The Art Club students and some other crafty staff members came together to create a winter wonderland in our very cosy library. The grade 6 students took off on an outdoor adventure camp to Lady Northcote in Bacchus Marsh. Each time I attend a camp, I can’t help but notice all the positive language, behaviour and teamwork amongst the students and staff. Camp sure does make us more connected at so many levels. As the hadith states, to truly know a person one must do three things, travel together, do business and become family. The ‘Eat Me’ costume and mask parade also was a fun way to promote good food. By the end of the week, Friday’s Fiesta made us all feel a bit fruity! It was wonderful to see our parent helpers in the staffroom chopping food, in the classroom serving delicious treats and outside enjoying the fun. The smiles on the student’s faces said it all. From this week on things at school will be much calmer and hopefully we will end the term smoothly. It’s assessment time and reports are near. Remember that this term’s report actually reflects on student development over the semester. Teachers will arrange interviews with students and parents of critical concern only.

This Sunday is our annual Open Day and we invite all prospective and interested families to attend.

Mrs Oflay has taken up a fantastic fundraising project offered to all local schools by Broadmeadows Shopping Centre, called Better Schools. Simply drop your receipts off either at the customer service desk or in the green box located at our primary office. There are some great prizes as well as the mega canteen makeover worth $20,000.

It’s also great to notice the rapid development of the Learning Resource Centre currently under construction. I expect that it will be a start of the art facility for all primary and secondary students. It’s also finally good to know that the secondary boys have now relocated to the new Meadow Fair campus.

Congratulations to Selin and Oner in grade 6 who have been selected to take part in the state soccer teams. Also, our Futsal team will now be in the running to compete at state levels and then possibly nationally in Queensland. Congratulations to all our sports stars and staff.

Regards,
Ms Evla Han

WHY IS IT IMPORTANT TO EAT FRUIT AND VEGETABLES?
Fruit and vegetables are a good source of fibre, vitamins and minerals. To ensure these nutrients are included in the diet, children and adults alike are encouraged to eat a variety of fruit and vegetables.

A diet high in fruit and vegetables:
- Prevent some vitamin deficiencies
- Prevent obesity
- Prevent constipation and other bowel disorders
- Reduce the risk of some cancers
- Reduce blood pressure
- Reduce blood cholesterol levels
- Improve diabetic control

HOW MANY FRUITS & VEGETABLES ARE CHILDREN EATING?
The 1995 National Nutrition Survey found that on any given day: Approximately a third of children aged 4 to 11 years had not eaten any fruit or fruit products. More than 20% of children under 12 had not eaten any vegetables or vegetable products.

These figures indicate that children are not eating a healthy amount of fruit and vegetables. This raises concerns about their likelihood of developing diet-related diseases in adult life.

Courtesy of Home Economics Victoria and Go For Your Life
Our Melbourne Zoo Excursion

On the 11th of May, all the Grade 1 students went on an excursion to the Royal Melbourne Zoo. As part of our Integrated Studies Unit, students were given the opportunity to visit the Discovery Centre. During their session on Feathers, Fur, Scales and Skin students touched and discussed various textures of different animals. We looked at habitats and how each animal lives differently from each other. We walked around the zoo gardens and visited each exhibit. Students had a fantastic experience from this excursion.

We would like to take this opportunity to thank our support teachers and wonderful parents who assisted on the day.

Grade 1 Team

Fruit, Veg & Ed. Week

This year we have included Fruit & Veg week into our Education Week calendar. The aim of the activities were to promote the consumption of fruit and vegetables and good health at school. The students had the opportunity to take part in lots of fun activities during the week. The 'Eat Me!' character & mask parade on Thursday 20th May literally made a statement, with some original costumes. Our Friday Fiesta on 21st May was a big success with many classes making some interesting & delicious recipes. Thank you to all the parents for supporting us and joining in the events.

Remember, please encourage your children to have 5 servings of vegetables and 2 serves of fruit daily.

In good health!

Ms Emel Tanriverdioglu.
Junior Dept Coord.
The Sleeping Bag

Hello I am Atahan. I believe in sleeping bag whirlpools that sucks you into space. I want to get sucked in to space so badly. But I am too scared to sleep in one. I was so determined to do it so I got ready. I had a helmet and hockey suit to protect myself. I got in to the sleeping bag and nothing happened to me. I saw a little light, I touched the light. In one second I was sucked in to space.

Everything was floating and the planet was all upside down. The people were so weird that I can even explain how they look. They were all arguing about their upside down planet. Then they said that there was one key that could stop everything from floating. I started to explore the planet and couldn’t catch anything because it was floating. I saw the magic key but couldn’t reach it. I thought that everything was floating so maybe I could float so I jumped and caught it. I gave the key to the mayor of the planet and got the key. Every turn was normal and I starting to believe in sleeping bag whirlpools. - By Atahan Aslan Gr 3C

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Honesty

Hi! I’m Dilara and I’m an S.R.C member. I would just like to write about HONESTY. We should all be honest because if we aren’t then nobody will believe in anything we say. Also you should never be a liar because a liar will never be someone you can trust. We need to also remember that if you lie the truth will always come out one way or another and then you will be in trouble or something bad will happen. For example, if you broke a very important vase of your teachers and she asked who did it don’t blame it on other people and let them get in trouble. Like I said before, the truth will always come out. I recommend all of you to memorise this quote and Hadith: ‘Honesty is the first chapter in the book of wisdom’ and don’t forget what our prophet said ‘The Honest and Truthful student is With the Prophets.’

By Dilara Ilhan
SRC Rep

<table>
<thead>
<tr>
<th>Prep A</th>
<th>NIMET KARDES</th>
<th>For helping the teacher in getting things organised in the classroom.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1A</td>
<td>MELIS OLU- KOGLU</td>
<td>For her conscientious effort in improving in all areas of work.</td>
</tr>
<tr>
<td>1B</td>
<td>HARUN KURT</td>
<td>Displaying persistence whilst completing his class work.</td>
</tr>
<tr>
<td>2D</td>
<td>PETEK SIRHAN</td>
<td>For being persistent with homework and her reader.</td>
</tr>
<tr>
<td>4B</td>
<td>EREN HIMMET- TOGLU</td>
<td>Always completing his homework.</td>
</tr>
<tr>
<td>5A</td>
<td>SARA-NUR CA- PAR</td>
<td>For trying hard to do her class work even though she hasn’t been able to use her right hand properly</td>
</tr>
<tr>
<td>5B</td>
<td>MERVE AKINCI</td>
<td>For always trying her best.</td>
</tr>
<tr>
<td>6C</td>
<td>BEYZA KAY- MAKCI</td>
<td>For keeping her chin up even though missing out on Grade 6 camp.</td>
</tr>
</tbody>
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By Dilara Ilhan
SRC Rep
6A - Pastoral Care

The grade 6A girls are looking very interested during their discussion with their Mentor Ms. Meryem Yokuş. The Pastoral Care Programs for each year levels are an excellent opportunity to discuss spiritual and moral values. The girls have an after school pastoral care program every Wednesdays from 3:30 pm to 5:00 pm with their Mentor Ms. Meryem Yokuş. They also have program every Thursdays at Lunch Time with Ms. Sevgi Turkmen.

- Ms. Sevgi Turkmen

Fruity Poetry

GRAPES

Green, black, purple or red grapes, is what you'll want to get
Ripe fruits taste horrible, but not grapes
Amazingly delicious,
Feel the watery sensation in your mouth
People love grapes so there's no reason why you won't
Eat the time away with grapes
Sweet and yummy but eat too much and say SORRY TUMMY!

- By Harun Ergi 5B

MANGOS

Mangos are a fruit that you can enjoy with other fruits and ice-cream!
Amazing taste of paradise
Nice inside full of yummy flavour
Great and delicious mangos you can enjoy all year round
Orange on the outside and rich with vitamins in the inside.

- By Selin Kurcala 5B

The annual Australasian Mathematical Olympiads have been operating since 1987 and schools from all over Australia, New Zealand and other neighbouring countries take part. This is the first year our school will participate in the contests. A team of students from grade 6 has been selected and weekly training commenced at the beginning of term 2. The team are developing their mathematical problem solving skills, learning a variety of strategies and competing in a friendly environment against other students individually and as a team collectively.

There are a total of 17 students in our team:
Omer Turkmen, Tanya Ali, Dilan Yaman, Nazli Sevinc, Muhammed Ates, Zeynep & Dilara Kor, Seyma Karakulak, Ridvan Aktepe, Mazhar Ozkirbas, Oner Kucuk, Salih Bol, Ismail Karaaslan, Gizem Yurt, Ezgi Yurdusevdi, Kadir Sezgin

The APSMO (Australian Problem Solving Mathematical Olympiads) consist of five separate contests throughout the year and the dates are as follows:
19th May 2010—16th June 2010—21st July 2010—18th August 2010—15th September 2010
Students recently sat their first contest and although very nervous, they performed extremely well! Let's wish them luck for future contests!

Ms Demet Latifoglu
Numeracy Team Leader